

The Vita Collagen Assortment overview.

Hair- and nail specialist

- Hair
- Nails



Beauty, blood circulation & energy

- Collagen formation
- Connective tissue
- Skin | Hair | Nails
- Immune system
- Vitality, Heart
- Cognitive health
- Vessels



Beauty- and energy drink

- Collagen formation
- Connective tissue
- Skin | Hair | Nails
- Immune system
- Reduction of fatigue
- Pure and soft skin



All-in-one Beauty- & health elixir

- Collagen formation
- Connective tissue
- Skin | Hair | Nails
- Immune system
- Reduction of fatigue
- Energy metabolism
- Vision
- Muscles
- Bones
- Nervous system



Nutritional values per	2 Capsules	2 Capsules	1 Sachet (14 g)	1 Sachet (19 g)
Collagen ¹	10 mg	40 mg	-	20 mg
Collagen hydrolysate	-	-	10'000 mg	10'000 mg
Methylsulfonylmethan (MSM)	200 mg	500 mg	-	-
Hyaluronic acid	100 mg	180 mg	100 mg	100 mg
Biotin	3000 µg	75 µg	75 µg	500 µg
Bamboo extract (contains silicon)	100 mg	-	-	-
Silicium	-	2.3 mg	-	-
Millet extract	80 mg	-	-	-
Fenugreek seeds	80 mg	-	-	-
Pine bark extract with OPC	-	100 mg	-	50 mg
Grape seed extract with OPC	-	-	500 mg	10 mg
Glucosamine	-	-	500 mg	500 mg
Coenzyme Q10	-	30 mg	50 mg	50 mg
Astaxanthin	-	4 mg	4 mg	4 mg
Zeaxanthin	-	-	-	1 mg
Vitamin B2	-	-	-	10 mg
Vitamin B6	1.4 mg	-	-	10 mg
Vitamin B12	2.5 µg	-	-	100 µg
Vitamin C	80 mg	80 mg	180 mg	180 mg
Vitamin D3	-	7.5 µg	7.5 µg	25 µg
Vitamin E	-	14 mg	30 mg	30 mg
Vitamin K2	-	-	-	20 µg
Pantothenic acid	20 mg	-	-	-
Folic acid	200 µg	-	-	250 µg
Manganese	2 mg	2 mg	2 mg	2 mg
Selenium	30 µg	27.5 µg	-	50 µg
Iron	5 mg	-	-	-
Zinc	3 mg	5 mg	-	4 mg
Copper	1 mg	-	-	0.5 mg
Lycopin	-	-	6 mg	4 mg
L-Proline	100 mg	-	-	150 mg
L-Methionine	50 mg	-	-	-
L-Cysteine	50 mg	-	-	-
L-Leucine	-	-	-	1000 mg
L-Arginine	-	-	-	500 mg
L-Citrulline	-	-	-	500 mg
Taurine	-	-	-	1000 mg
L-Carnitine	-	-	-	100 mg
Lutein	-	-	-	5 mg
Pepper extract	5 mg	-	-	-
Ingwer extract	3 mg	-	-	-
Curcuma root extract	-	-	-	200 mg
Pomegranat extract	-	-	-	60 mg
Safran extract	-	-	-	5 mg
L (+) Calcium lactate	-	-	-	200 mg